

SAMPLE HISTORY BREAK DOWN

BY JONATHAN ADDLER

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SAMPLE

The P in sample history is for past medical history or pertinent medical history. Many students and people will ask what does pertinent mean. Pertinent is defined as to be appropriate, related, or applicable. Once again you ask well what does that really mean and how does to apply to a patient and their medical history. It means asking questions about their medical history that are important. Such as previous heart attacks, stroke, being diabetic or having the flu recently. What we as medical responders are not looking for is if a patient had the flu 10 years ago.

The more we can find out from the patient and their medical history the better treatment they can receive from us and the hospital.

When you ask a patient what kind of medical history do you have? Remember to expand each question to get the most information you can about that part of their history. Here's an example: Are you a diabetic? If yes, do you take insulin, when was the last time you ate and what was your last blood sugar reading?

You can and should do this with every patient about every part of their history.

Other questions to ask patients:

Are you under a doctor's care for anything?

Have you had any surgeries?

Is there anything else about your medical history you can think of that you need to tell us?

Try these questions on your next patient.

Remember 99% of the time if a patient feels the need to tell you something about their medical history its important!!

DRILL TIME!

List what medical history would be pertinent for the patients of the scenarios below:

Scenario 1: Called to a 78 year old female patient who is complaining of chest pain. Patient presents lying in bed who complains of 8 out of 10 chest pain that radiates to her back with shortness of breath.

Scenario 2: Called to a 45 year old male patient who is unconscious and not responding. Patient presents as a dispatched. Family states patient is a diabetic and has not eaten all day.