



Fire Training Toolbox "Free Training for Firefighters"

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## Personal Protective Equipment and Blood Borne Pathogens Chris Huston

Whether you run EMS or not, we will all run into situations where the possibility of being exposed could occur. After all, we are in the "people business." Here is a quick and simple drill that can be performed to reinforce your departments PPE and BBP standards.

What you will need:

1. Latex/Nitrile Medical Gloves
2. Blood Borne Pathogen Policy/Handbook
3. Your favorite brand of Ketchup/Catsup or Barbeque Sauce
4. Apparatus floor or kitchen for hands on portion.

Start by reviewing where your BBP policy is located and how to use it. Address the most prudent information and answer any questions. Next, issue everyone a pair of gloves and instruct to don them. Now it gets messy, squirt your "fluid" of choice onto the glove hand of the students. *Not too much, but not too little.* The goal is to have everyone remove and dispose of the gloves without contaminating themselves. Those that do, or do not follow proper procedure, must then follow you BBP policy for contamination. You could also purposely expose several students to ensure the lessons are reinforced. This also works great while doing extrication or other EMS drills to make it more realistic.

