

### SAMPLE HISTORY BREAK DOWN

BY JONATHAN ADDLER



#### S A M P L E

The L in sample history is for last intake or last oral intake. This is just another tool in our tool box to find out what is going on with a patient. Often times us as medical responders ignore this question because we do not feel it's important. But if you take the time to ask this question you might be surprised as to how much it may help you find out more about the patient you are treating. It can give you clues to there eating habits, there social history and there emotional well being. It can also tell you how much distress they are in. It can give you some many clues to so many things with a patient.

Knowing if they ate or drank anything recently can also plays a major role in patient care if they were to need immediate surgery.

Last oral intake is not just about what foods they have recently had. You should also ask if they have taken there prescribed medications as directed or over the counter medications. Have taken any illegal substances or had any alcoholic beverages recently. Also have they ingested anything they should not have i.e. poisonous substances. Also the amount of Illegal substances, alcoholic beverages, or poisonous substances they have ingested.

The last thing you should try to ask especially with open wound type injuries, when was the patient's last tetanus shot. Yes the hospital staff will ask this question but if you can all ready have that information it helps the hospital staff and helps you gain a complete history of your patient which only makes you better at your job as a medical responder!

## DRILL TIME!

Ask these questions to your coworkers and family members, remember to ask all of the above questions to them. This will help you get in the practice of asking all your patients these questions.

Also list different case's that the above question's of last oral intake plays a major role in the patients care and treatment.