

## SAMPLE HISTORY BREAK DOWN

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# A

### SAMPLE

The A in sample history stands for Allergies. You ask the patient, do you have any allergies? You will get a response of a name of a medication to different types of food or even some odd things like ragweed or pollen. Depending on the medical or trauma issue this information could play a very vital role in treatment for the patient.

All this information is important for the following reasons:

A patient's allergy could be causing the medical problem the patient is having. Play a role in making the problem worse.

The standard treat for the medical problem could have a very adverse reaction.

Example most patients who are having chest pain are given aspirin per the American Heart Association standard. But what if the patient is allergic to aspirin? This could have a very negative affect on patient condition.

Other questions to ask the patient are when they say they are allergic to a medication, food or other item:

What type of reaction do you have?

How long has it been since you have had a reaction?

Have you come in contact with any thing in the last 12-48 hours that you are allergic to?

## DRILL TIME!

List items that you have heard that people are allergic to then what kind of reactions they could possible have, break it down in to three categories: medications, foods, other items

\*Have 3 boxes either top to bottom or left to right so list can be made\*

Remember patients can be allergic to anything and everything

