

# PPE- Bunker Gear/SCBA Confidence Drill

Skill Number: PPE- Confidence Drill (CD)

## INSTRUCTIONS TO THE MONITOR/EVALUATOR

1. The Trainee shall be given the instructions below before beginning the exercise.
2. Check off each step as the Trainee completes it.

## EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Training Room/Building to conduct training
- C. Watch with second hand or stop watch (for vitals and timing on how long it takes for each bottle).
- D. Complete SCBA
- E. Tractor tire or Keiser sled for forcible entry station w/ sledge hammer or approved mallet
- F. 1 - 25' extension ladder
- G. Mannequin for rescue station
- H. Charged 1 3/4 " (50') with nozzle (supplied by hydrant or pumper)
- I. 5 Traffic cones
- J. Basketball or volley ball
- K. Wax paper or covering for mask to simulate smoke filled environment
- L. 150' section of 2 1/2 " dry hose in a hotel/shoulder load
- M. 150' section of 1 3/4 " dry hose laid out for a search pattern
- N. Webbing
- O. Trainee Check Off Form
- P. Blood Pressure cuff with stethoscope

## INSTRUCTIONS TO THE TRAINEE

While standing in the ready position at their turnout gear, once the Evaluator says begin, the Trainee shall don PPE (Boots, pants, coat, gloves, hood, & helmet) and complete SCBA, apply air source, and complete the skills stations that are present until Trainee has ran out of bottle #1. At the end of bottle #1 and rehab, Trainee will complete 2<sup>nd</sup> evolution in the same manner. Once the Trainee has gone through 2 complete bottles, the drill has concluded. \*\*Note- the first evolution will conclude when the Trainee has gone through the first complete bottle. The Trainee shall then proceed to rehab for 15 minutes. Once rehab is completed (and 2<sup>nd</sup> set of vitals are taken), Trainee shall begin at skill #1 (PPE and SCBA).

**\*\* Note-** Departments shall utilize the hose size they normally use. (I.e. if a department has 1 1/2" and not 1 3/4", they shall use this in place of the specified size).

1. Trainee shall have base line vitals taken prior to the event.
2. Evaluator will state 'GO' and the Trainee shall don full bunker gear, including gloves and hood.
3. Don Self Contained Breathing Apparatus.
4. Attach air supply via SCBA and mask, and begin to breathe the air.

5.	Hoist the hotel pack/shoulder load over shoulder of choice. Proceed around the two cones (pre determined at 50') for two revolutions. Once the Trainee has crossed the start/finish line, they shall release the pack on ground.
6.	Trainee shall proceed to the search station. Trainee shall place the mask covering in their mask and kneel to the starting point.
7.	Trainee shall begin search by crawling around the pre determined search area with one hand on the 1 ¾" dry hand line, and the other hand working in a search pattern. Trainee shall follow line to the other coupling, at which point the skill station has been completed. Trainee shall remove the mask covering from the mask.
8.	Trainee shall proceed to the extension ladder station. The Trainee shall raise the ladder against the wall in a resting position.
9.	Trainee shall hoist the ladder to its full length by raising the halyard rope in a hand over hand method.
10.	Once ladder has been extended to its full length, the Trainee shall lower the ladder with the halyard rope in a hand over hand method.
11.	Trainee shall proceed to the forcible entry simulator. Trainee shall grasp tool and strike Keiser sled until the balanced weight rests at the opposing end of the beginning. If striking a tire, the Trainee shall strike the tire, until the tire has moved at least 5'.
12.	Trainee shall proceed to the mannequin/rescue carry. The Trainee shall grasp the mannequin and drag approximately 25' around 2 cones and back. Once the Trainee has drug the mannequin back to the start/finish line, the drill has concluded. **Note- both of the mannequin's feet must cross the line to pass. Webbing is permitted to use by the Trainee for this skill station.
13.	Trainee shall proceed to the hose line station. With a basket ball or volley ball on the top of a cone, the Trainee shall drag a charged 50' section of 1 ¾" hose line until the line is completely stretched out.
14.	Once the Trainee has the line completely stretched, they shall open the nozzle to a desired stream (Trainee's discretion), centered at the ball on the cone.
15.	The Trainee shall strike the ball with the water, forcing the ball off of the cone. Once the ball has been separated from the cone, the complete drill has concluded.
16.	Trainee shall doff all bunker gear and SCBA, and have base line vitals taken.
17.	Trainee shall inspect, clean and prepare all materials for service ready condition.

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature

<b><u>Pre Course Vitals:</u></b>									
Time		Blood Pressure		/		Pulse		Respirations	
<b><u>Rehab Vitals:</u></b>									
Time		Blood Pressure		/		Pulse		Respirations	
<b><u>Post Course Vitals</u></b>									
Time		Blood Pressure		/		Pulse		Respirations	
<b>Vitals taken by:</b>						<b>PSID #</b>			