



Fire Training Toolbox "Free Training for Firefighters"

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The LUNAR Report by Christopher Huston of engineco22.net

Emergency Responders train for situations where those we serve are at their worst. We come and try to make their bad day, a little better. Preparing for disaster is nothing new to us, so we must prepare for when we have a bad day.

My personal belief on Firefighter Survival Skills Training: Our priority is to ensure all our people do not get themselves into a situation in the first place. This happens by training on the basics through out our careers. Once a student is proficient with the basics, moving on to some self-rescue skills comes next. After that then we can develop their abilities to act as a Rapid Intervention Team.

The first skill in self-rescue is mastering the LUNAR report. LUNAR is an acronym for Location, Unit, Name, Air, Resources. This is critical information that is given during a call of MAYDAY.

For Example: MAYDAY, MAYDAY, MAYDAY! I am on the second floor Charlie side bedroom, engine co 22, Huston I have 500 psi of air and cannot find my way out need air and help.



Some may argue that the name is not needed. This is all dependant upon what type of accountability system you use or I feel that if in distress would it be better to have the IC call you by name to help calm you down?

The way I practice my LUNAR is in random places. Maybe walking through the grocery store or the gas pumps. Practice in places where you have to think about it for a minute. Another way to practice, during morning SCBA checks. Breathe down your system and give a LUNAR. It takes less then 15 seconds!



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Some other quick tips regarding LUNAR. PASS device should be turned off while transmitting, then reactivated after. When calling MAYDAY go right into LUNAR report. You may only get one chance to state it. Also with our portable radios, the signal is strongest at key up. So be calm, clear and to the point. Do not waste air time and battery life.

To recap, practice LUNAR daily and when you have to think about what you are doing, this may just save your life.